

Adult: Mental Health

24 Hour Information & Referral
211

Access 24/7 Adult Mental Health &
Addictions
780-424-2424 (Central Intake)

Recovery Alberta - Adult Mental Health
& Addiction Stan Wolyshyn,
Spruce Grove
780-342-1344

Children & Youth: Mental Health

Recovery Alberta; Children & Youth.
Stan Wolyshun
Spruce Grove
825-402-6799

Westview Primary Care Youth Mental
Health Clinic
Spruce Grove
780-960-9533

Youth Mobile Mental Health & Addiction
Services
780-342-4416

CASA Mental Health
Edmonton
780-342-4415



For Additional Resources
& Supports please visit
stonyplain.com/connect
or call 780-963-8583



COMMUNITY WELLNESS SUPPORTS



Support Groups

Caring Friends Bereavement Group
Stony Plain
780-963-8583

Living With Loss to Suicide
Spruce Grove
780-342-1340

Youth Suicide Grief Support CMHA
Edmonton & Virtual
780-732-6654

B.I.L.Y, Peer Group for Parents with
Youth In Crisis
Stony Plain
587-588-8633

Caregiver Connections
Edmonton & Virtual
edmonton.cmha.ca

Family & Children Support Groups
Stony Plain
albertaparenting.ca/family-support
780-963-0549

Programs

Canadian Mental Health Association
Edmonton Region
780-414-6300
edmonton.cmha.ca

Eating Disorder Program
University of Alberta Hospital
780-407-6114

Crisis Lines

Distress Line
780-4824357 (HELP)

Suicide Crisis Helpline
988

Children's Mental Health Crisis Line
780-427-4491

First Nations and Inuit Hope for
Wellness (14+)
1-855-242-3310

Brite Line - Support Line for 2SLGBTQIA+
1-844-702-7483

The National Farmer Crisis Line
1-866-327-6701

Substance Abuse

Virtual Rapid Access Addiction
Medicine & Detox
Alberta Wide
1-844-383-7688

Youth Mobile Mental Health & Addiction
Services: 780-342-4416

Indigenous Supports

Native Counselling Services of Alberta
Stony Plain
780-963-5975

Alberta Health Services, Indigenous
Support Line
1-844-944-4744

Alberta Indigenous Virtual Care Clinic
1-888-342-4822

Aboriginal Counselling Services of
Alberta
780-448-0378

Indian Residential Schools Resolution
Health Support Program - Professional
Counselling (Individual & Family)
1-888-495-6588

First Nations & Inuit Hope for Wellness
Helpline
1-855-242-3310

Ben Calf Robe Society
Edmonton
780-477-6648

Bent Arrow Traditional Healing
Edmonton
780-481-3451