



TRI REGION FOOD RESOURCES

Updated: October 2025

FOOD HAMPERS

Parkland Food Bank

105 Madison Crescent, Spruce Grove
Monthly Food Hampers, by appointment,

- Tuesdays 8:30AM–4:30PM
- Wednesday 9AM–2:00PM + 6:20-8PM
- Friday 8:30AM–4:30PM
- Saturday 8:30AM–12:30PM

780-962-4565 ext. 1

WEE Community Food Bank

5019 50 Ave Entwistle AB (Old Fire Hall)
Monthly Hampers, by appointment on Wednesdays, Call before
Tuesday for appointment.

780-727-4043

Wecan Food Basket

4904-52 Ave., Stony Plain, AB (Columbus Academy)
Fresh Nutritious Affordable Food Basket
Order by first Friday, pickup at back lane on third Friday of
month 11AM-2PM

www.wecanfood.com

Warming Hearts Pantry

4911-50 St., Tomahawk (liquor store)
Mini food pantry of non-perishable items.

BASIC NEEDS HELP

Community Helps Team

180 Century Road, Spruce Grove
780-962-5611 / 780-306-1955
helps@sprucegrove.church

NeighbourLink Parkland

Serving Spruce Grove, Stony Plain, Parkland County
780-960-9669
www.neighbourlinkparkland.ca
office@neighbourlinkparkland.ca



COMMUNITY MEALS

Auggie's Cafe

St. Augustine's Parkland Anglican Church

131 Church Rd, Spruce Grove

Dine-in or take-out options

Tuesdays 11–1PM

*Additionally, offers selection of bread products for pickup

Food for the Soul

Kingdom Advance Church

49 Boulder Blvd., Stony Plain

Dine-in

First and third Saturday 10AM–1PM

*Additionally, offers food rescue products for pickup, and access
to Garments of Praise store for clothing and foot wear.

Grace's Table

Spruce Grove Alliance Church

250 Century Road, Spruce Grove

Hot meal to go for pick up

Second Friday of month 5PM–6:30PM

www.sgac.net/eventregistration

780-962-4700

*Additionally, offers Food Rescue products for pickup

Community Table

Spruce Grove Community Church

180 Century Road, Spruce Grove

Hot meal to go for pick Up

Last Friday of the month (No meal in December)

www.sgconline.breezechms.com/form/communitytable

780-306-1955

*Additionally, offers Food Rescue products for pickup between
5–6:30PM on last Friday of month.

ADDITIONAL FOOD HELP

*All of the above **Community Meals** provide additional **food resources** including community pantries or food rescues as noted above.

apfa Food Rescue

Family Connection Centre

5600 50 Street, Stony Plain

Wednesdays 11AM—3:30 PM

(Check facebook for updates)